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SmartPA Criteria

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| Procedure Class: | Alternative Pain Management |
| First Implementation Date: | 04/01/2019 |
| Prepared For: | MO HealthNet |
| Prepared By: | MO HealthNet/Conduent |
| Criteria Status: | Existing Criteria  Revision of Existing Criteria  New Criteria |

Executive Summary

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| **Purpose:** | The MO HealthNet Program will implement a state-specific Complementary Health and Alternative Therapies for Chronic Pain Management. | | |
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| **Why was this Issue Selected:** | MO HealthNet to implement an electronic web-based system to authorize Alternative Therapies for chronic pain using best medical evidence and treatment guidelines, consistent with national standards to verify medical need. | | |
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| **Procedures subject to Pre-Certification:** | **Physical Therapy:**  Physical therapy treatment for chronic pain includes, but is not limited to, participant education and counseling, manual techniques, therapeutic exercises, electrotherapy, and massage.  **Chiropractic Therapy:** Chiropractic therapy for the treatment of chronic pain may include, but is not limited to, spinal manipulation or spinal adjustment.  **Acupuncture Services:** Acupuncture therapy involves the use of needles inserted into the body by piercing of the skin and other modalities. | | |
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| **Setting & Population:** | All Appropriate MO HealthNet eligible participants 21 years of age and older. | | |
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| **Data Sources:** | | **Medicare LCD** | **MHD Policy** |

Default Approval Period

Default Approval Period: 12 months

Requirements and Limitations

The combination of physical therapy, chiropractic therapy, and acupuncturist’s services are subject to an annual maximum limit of 120 units of service per year with 1 unit equaling 15 minutes.

Requests for pre-certification must be initiated by a MO HealthNet enrolled physician who prescribed the service in the participant’s plan of care. The enrolled physical therapy, chiropractic therapy, or acupuncture service provider who will perform the service will access the pre-certification initiated by the physician to complete the second step of the pre-certification.

To obtain pre-certification, enrolled providers can contact the MO HealthNet Medical

Pre-Certification Unit at 1-800-392-8030, Option 6, or use the CyberAccess website, a web tool that automates this process for MO HealthNet providers. To become a CyberAccess user, contact the help desk at 888-581-9797 or 573-632-9797, or email [cyberaccesshelpdesk@conduent.com](mailto:cyberaccesshelpdesk@conduent.com).

Appendix A

List of approved diagnosis codes

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Appendix D

CPT codes indicating Acupuncture services

97810, 97811, 97813, 97814

Appendix E

CPT code indicating Chiropractic services

99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 98940, 98941, 98942,

98943, 97012, 97014, 97032, 97035

Appendix F

CPT codes indicating Physical Therapy service

97161, 97162, 97163, 97110, 97530

\*\*\*Refer to the following bulletin and hot tip for additional information:

[Revised Complementary Health and Alternative Therapies for Chronic Pain Management | mydss.mo.gov](https://mydss.mo.gov/media/pdf/revised-complementary-health-and-alternative-therapies-chronic-pain-management)

[Complementary Health and Alternative Therapies for Chronic Pain Management: Pre-Certification Process and Billing | mydss.mo.gov](https://mydss.mo.gov/mhd/hot-tips/complementary-health-and-alternative-therapies-chronic-pain-management-pre)